

National Institute  
of Dramatic Art

**NIDA**

**Mental Health  
Services**

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**National Institute of Dramatic Art**  
215 Anzac Parade  
Kensington, NSW, Australia

### **Lifeline Australia**

24/7

13 11 14 (Nationwide)

### **Suicide Call Back Service**

24/7

1300 659 467

### **Rape and Domestic Violence Services Australia**

RDVSA–24/7

NSW Rape Crisis 1800 424 017

Sexual Assault Counselling

1800 211 028

### **Men's Line**

24/7

1300 78 99 78

### **GriefLine**

7 days–6am to 2am

02 8188 5799 (NSW)

### **The Butterfly Foundation Eating Disorders**

7 days–8am to Midnight

1800 33 4673

### **UNSW Counselling and Psychology Services (CAPS)**

Monday to Friday–9am to 5pm

[counselling@unsw.edu.au](mailto:counselling@unsw.edu.au)

02 9385 5418

### **Aboriginal Counselling Services (in-person counselling)**

Monday to Friday–9am to 5pm

0410 539 905

**Brother to Brother (Counselling Support for Aboriginal Men)**

24/7

1800 435 799

**Twenty10 (LGBTQI support)**

QLife (hotline & webchat)

24/7

1800 435 799

**Benestar EAP Counselling Services**

Monday to Friday–8am to 6pm

1800 435 799

**BeyondBlue**

Online chat 3pm–12am/7 days

[beyondblue.org.au](http://beyondblue.org.au)

1300 22 4636

**Other**

**Police, Fire Service, Ambulance, Emergency, life in danger, witnessing a crime etc.**

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**Prince of Wales Hospital**

9382 2222

**St. Vincent's Hospital**

8382 1111

**Royal Prince Alfred's Hospital**

9515 6111

National Institute  
*of Dramatic Art*

# NIDA

Learning and storytelling  
on traditional Bidjigal  
and Gadigal land

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